

# Course Outline for: EXSC 1102 Badminton

### A. Course Description:

- 1. Number of credits: 1
- 2. Lecture hours per week: 1
- 3. Prerequisites: None
- 4. Corequisites: None
- 5. MnTC Goals: None

Badminton is a lifelong sport that emphasizes hand-eye coordination and agility. Through practice and play, students develop technical skills as well as an understanding of the rules and strategies for both singles and doubles play. Students participate in drills as well as games to progress their abilities and knowledge of the sport.

# B. Date last reviewed/updated: May 2025

# C. Outline of Major Content Areas:

- 1. Strokes: Serves (long and short), clears (underhand and backhand), drives (forehand and backhand), smash, drives, overhead drop shot, and net shots
- 2. Strategy and tactics including court positions for serving, receiving, and general play for singles and doubles, as well as positions for doubles play.
- 3. Selection and care of equipment
- 4. Conditioning and safety
- 5. Rules, terminology, and etiquette
- 6. Tournament play

### D. Course Learning Outcomes:

Upon successful completion of the course, the student will be able to:

- 1. Demonstrate proper movement skills of badminton strokes.
- 2. Demonstrate an understanding of proper equipment use.
- 3. Apply fundamental rules in game situations.
- 4. Apply appropriate strategies for singles play and adjust strategies when necessary.
- 5. Apply appropriate strategies for doubles play and adjust strategies when necessary.
- 6. Behave in a respectful manner towards teammates and opponents.

### E. Methods for Assessing Student Learning:

Methods for assessment may include, but are not limited to, the following:

- 1. Subjective assessment of skill and effort
- 2. Class participation
- 3. Objective examination
- F. Special Information:

None